

Dr
Omid



IRANIAN FOOD PRODUCTS

YOU ORDER WE SUPPLY

A Reliable Bridge Between Iran's Production Power and Global Markets

This catalog has been prepared with the purpose of introducing the extensive production and export capabilities of the Islamic Republic of Iran, with a strategic focus on the Sultanate of Oman and African markets.

Introduction

This initiative is carried out under the direct supervision and leadership of **Dr. Omid FadaeiManesh**, an internationally experienced expert in International Marketing, Global Trade Development, and Supply Chain Management.

Dr. FadaeiManesh has over 30 years of academic and executive experience, is educated in Canada and Belgium, and operates active companies and professional teams in both Iran and Oman. His background combines strong academic foundations with hands-on execution in international trade, market entry, and export operations.



Dr. Omid FadaeiManesh, Chairman

Iran: A Land of Exceptional Diversity and Production Capacity

Iran is one of the very few countries in the world that simultaneously enjoys seas, forests, mountains, plains, and deserts. This unique geographical diversity, combined with a true four-season climate, has created exceptional conditions for large-scale and diversified production.

Iran's capabilities cover a wide range of industries, including but not limited to:

- 🌾 **Agriculture and horticulture across multiple climates**
 - Fresh fruits and vegetables (tropical, temperate, and cold-climate)
- 🍷 **Food and beverage products**
 - Food processing and value-added industries
- 🐟 **Fisheries and sealand**
- 🏠 **Mining and mineral industries**
- 🏗️ **Construction materials**
 - Petrochemical, plastic, and polymer products
- 📦 **Consumer goods and packaging industries**



Iran's Competitive Advantage in Global Supply

Low energy costs

Competitive labor costs with highly skilled workforce

Lower production overheads

Broad access to domestic raw materials

These factors result in products with strong price competitiveness, including making Iranian goods highly attractive for markets such as China, Turkey, and Africa.

Smart Sourcing, Screening, and Quality Control

Our activity goes far beyond simple product listing. We operate a professional and responsible sourcing system. With access to a vast network of manufacturers and suppliers across Iran, and supported by an active Instagram community of more than 100,000 followers, we are capable of sourcing almost any type of Iranian product upon request.

1. Identification of potential suppliers →
2. Initial screening by expert teams →
3. Quality, compliance, and export readiness assessment →
4. Price analysis and competitiveness review →
5. Final selection and export preparation.

You order, we supply

Oman: A Strategic Hub and Gateway to Africa

At present, the export of fresh fruits and food products from Iran to Oman is actively ongoing. In addition, we have the operational capability to package, label, and prepare food and supermarket products inside Oman, which provides significant advantages:

- Compliance with destination market regulations
- Regional branding opportunities
- Efficient re-export to African and international markets

Dr. Omid Brand: Global Distribution with a Unified Identity

Selected products can be supplied under the Dr. Omid brand, managing products as products suppliers, and and encstecuraments.

- Enter international markets to enter international
- Be distributed across Oman to access highly and expoctations
- Benefit from a structured to mineitcante/a.compariled imw development products.

Expertise Combined with Execution

As a specialist in International Marketing, Dr. FadaeiManesh manages the entire export chain, including:

- Product selection
- Export preparation
- Logistics coordination
- Packaging and branding
- Market entry and international distribution

This catalog is not merely a product introduction; it is an invitation to collaborate with a professional, flexible, and reliable global supply network.

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Sugar and Sweeteners

I Refined White Sugar





| Brown
Sugar



| Dates

Dairy Products





I Milk



| Yogurt Drink (Doogh – bottled)

! Cream (Long-Life / UHT)





Cheese & Fermented Dairy



I UF
White
Cheese



! Feta-Style Cheese



| Mozzarella
Cheese



Cream Cheese

! Kashk (Dried Whey Product)





Pasta & Grain Products



| Spaghetti



**| Lasagna
Sheets**



| Wheat Flour



Tomato & Vegetable Products



| Tomato Paste



| Canned Tomatoes

Tomato Ketchup





Dates & Date Products



| Mazafati Dates

I Zahedi Dates





**| Piarom
Dates**



I Dates Syrup

| Date-Based Snack Bars





Canned & Dry Food

| Canned Beans





| Lentils

Split Beans





Nuts & Dried Fruits



| Pistachios (Raw / Roasted)

I Raisins





| Dried Figs



| Dried Apricots

| Almond





Beverages & Concentrates



**Fruit Juice
Concentrate**



! Golab (The Rose)



**■ Mint
Distillate**



Condiments & Essentials



Iodized
Table
Salt



| Pink Salt

Blue Salt





| Cooking Oil

Vinegar (Grape / Apple)



Red Pepper



Other Spices





Miscellaneous Products



I Iranian
Rice



Black Tea

Drinking Water





I Honey



| Saffron



| Olives

! Gaz (Iranian confectionary)





Seafood & Marine Products



**| Canned
Tuna**



| Caviar

Shrimp





! Fish



| Fish Oil



Iranian Fruits



| Apples

| Pears





I Quinces



| Grapes

| Oranges





| Tangerines



| Lemons

Kiwi





| Pomegranate



Watermelons

Cantaloupes





Peaches



| Plums

Cherries





|Figs



V e g e t a b l e s

I Tomatoes





Cucumber



| Bell Peppers

I Tomatoes





Zucchini



| Potatoes

| Onions





| Garlic



| Green Beans

Okra





| Cabbage



| Cauliflower



| Carrots

Dr. Omid

You Order We Supply

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